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Weekly Encourager - 15 September 2013

Scriptural advice, help and insight on how to trust Jesus Christ to defeat schizophrenia, from James Stacey now in his 24th year of freedom from the bondage and free of all medication for over 25 years - thanks to Jesus.

THE PLIGHT OF THE MENTALLY ILL IN SOCIETY – INCLUDING CHURCH SOCIETY by Murray Dennett

THIS WEEK'S SELECTED BIBLE READING IS MARK'S GOSPEL CHAPTER 1

Verses 21-39: Jesus Drives Out an Evil Spirit: They went to Capernaum, and when the Sabbath came, Jesus went into the synagogue and began to teach. The people were amazed at his teaching, because he taught them as one who had authority, not as the teachers of the law. Just then a man in their synagogue who was possessed by an evil spirit cried out, "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are – the Holy One of God!"



"Be quiet!" said Jesus sternly. "Come out of him!" The evil spirit shook the man violently and came out of him with a shriek.

The people were all so amazed that they asked each other, "What is this? A new teaching –and with authority! He even gives orders to evil spirits and they obey him." News about him spread quickly over the whole region of Galilee.

Jesus Heals Many: As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. Simon's mother-in-law was in bed with a fever, and they told Jesus about her. So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

That evening after sunset the people brought to Jesus all the sick and demon-possessed. The whole town gathered at the door, and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

Jesus Prays in a Solitary Place: Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Simon and his companions went to look for him, and when they found him, they exclaimed: "Everyone is looking for you!"

Jesus replied: "Let us go somewhere else – to the nearby villages – so that I can preach there also. That is why I have come." So he travelled throughout Galilee, preaching in their synagogues and driving out demons.

Many people with mental health issues feel alienated from "normal" society, thanks in part to the media demonizing sufferers through a barrage of misinformation and biased reporting of mental health consumers who "fall through the cracks of the system" and commit outlandish criminalities. Although only a minority of consumers partake in the latter, the media often makes it appear their diagnosis and anti-social conduct are cause and effect, thus all consumers are tarred with the same brush as a result. Consider people with schizophrenia. In the eyes of Joe Public this illness turns sufferers from Dr Jekylls into Mr Hydes; from being placid, normal citizens into psychopathic killers being instructed by strange and bizarre, command "voices" (audible hallucinations) inside their heads to perform deeds of gross mischief. In the eyes of many too, a schizophrenic is a person with below average intelligence

("sometimes due to a damaged brain") ; is delusional and so out-of-touch with reality it affects their functionality – socially, economically and even in matters of personal hygiene. Such is the nature of grossly inaccurate and cruel generalizations!

Psychiatrists and doctors often over-medicate people with schizophrenia with highest effective doses of anti-psychotic medication rather than at lowest effective doses, because they want to make sure their *toxic drugs work. The side effects of anti-psychotic "meds" at higher doses can be intolerable and involve constant, excruciating painful, allergic reactions; mental and physical sluggishness; and even the horrors of tardive dyskinesia, a permanent condition involving sudden, involuntary movements of body and face, including severe, involuntary wrinkling of the forehead. Schizophrenics with T-D are often mocked in public – even in Church circles, causing them to rarely venture from their homes for they feel like "circus freaks" and are fed-up with mean-spirited people treating them as such.

When side effects of anti-psychotic medication become intolerable, you'd think doctors and psychiatrists would adjust dosages from highest effective - to lowest effective doses, but many don't, for again, they want to make sure their drugs work. 10% of schizophrenics tragically give up on life and commit suicide. Why? It's because of societal stigmatization, including being treated like disabled children by patronizing people "who care!!!"; intolerable side effects from anti-psychotic medication, intolerable demonic torment even Christians consider a schizoid delusion, and limited life-opportunities – socially, relationally and work-wise.

TRUE NATURE OF SCHIZOPHRENIA

Secular experts tell us there exists no cure for schizophrenia, and Christians in the deliverance ministry tell us it is one of hardest tribulations to see people free of. This is because the malady involves physical and spiritual components dovetailed together, thus is naturally complicated. The spiritual component is the main component though, and involves constant spiritual assaults of demons against a schizophrenic's mind and personality; i.e., demonic exaggeration/exploitation of naturally occurring, slight weaknesses in brain chemistry, with this exacerbating schizophrenic symptomatology, the latter mental health experts describe as being positive, negative and cognitive in nature.

Positive symptoms of schizophrenia include delusions and hallucinations (particularly "voices"); negative symptoms include apathy, blunted emotions, loss of interest in everyday activities; and cognitive symptoms include poor "executive functioning" (the ability to absorb and interpret information), concentration deficits, and problems with "working memory" (the ability to keep recently learned information in mind and use it right away).

Positive symptoms are usually demonically-sourced, somewhat explaining the often evil nature of a schizophrenic's delusional thinking and internally-heard voices that often tell them to self-harm, commit suicide, or perform other negative, bizarre behaviors including inappropriate verbal behavior. Negative symptoms reflect a mood disorder, or depression (schizophrenia is often described as a higher form of depression) that's probably linked to cognitive symptoms for impairments at this level often interfere with a schizophrenic's ability to lead a normal life, acquire a decent job - earn a decent living etc, and obviously all this can cause great emotional distress.

DEMONIC EXACERBATION AND CAMOUFLAGE

I learnt the principle of demonic exacerbation of mental health symptoms by being involved with mental health consumers at a respite-like complex where I work as a `peer support specialist' or support person. Depressed people often share that their depression began as mild/benign, but then *mysteriously developed into suicidal mania, or "wild" depression. Minor depression is caused by a slight chemical imbalance in the brain – all to do with inadequate, feel-good serotonin levels, and when it develops into major depression – due to demonic exacerbation, because there is a physical component involved secular experts will attribute the major depression as having a *sole, albeit minor, physical cause because that's all they'll see! The belief that demons are somehow responsible for exaggerating

the depression will be considered “superstitious” and “ridiculous,” especially when physical medication improves the problem.

**Obviously demons have plenty of camouflage when they exacerbate mental health problems, and probably allow anti-psychotic medication to work so they don't get caught. Not always though! I have witnessed cases when psychotic symptoms have been medication-resistant. For instance, some schizophrenics who are hearing violent voices inside their heads are usually given enough medication to kill an elephant - yet still their voices persist! Obviously, demons are disturbing their brain function and deliverance (or exorcism) is the appropriate remedy. But secular experts are too clever to believe in this “nonsense” from the Dark Ages!

*I've proven them wrong a few times at work. A young man, an ex-soldier, was hearing violent voices 24/7 to kill himself, and he asked me to pray for him. So, I told the “voice” to shut up in the name of Jesus, and it did! Another time, a client asked for prayer for recurring nightmares. After prayer, the nightmares stopped. And yet another client was so severely depressed and in physical pain he wouldn't venture from his room, nor eat anything - for two weeks! After gaining his consent, I prayed for him and commanded spirits of depression and pain to leave – and they did! He came from his room like Lazarus rising from the dead, gave everybody a big hug, and had something to eat. The guy was immeasurably grateful!

TOXIC DRUG REMEDIES VS NATURAL MEDICINE

Like when the human immune system is healthy does a person have greater resistance to physical illnesses like the flu etc, does a healthy functioning brain have greater resistance to mental illnesses. Research is showing that many psychiatric disorders are caused by deficiencies in diet more-so than genetic factors. There is doctor in the USA who has found a link between schizophrenia and a deficiency in vitamin B-12. This is because the nutrient B12 (especially in its methylcobalamin form more-so than inferior cyanocobalamin) helps manufacture mood regulating compound, SAM-e, which influences the production of feel-good neurotransmitter, serotonin, which also plays a vital role in mood regulation and relaying chemical messages in the brain. This holistic action reduces, if not eliminates, much schizoid symptomatology *as it makes brain cells communicate more efficiently*, thus improving rational thinking ability, and mood, and overall brain function generally.

(Nb- methyl B12 in high potency spray form is more effective than capsules, pills, lozenges and drops as sprays are known to be more effective in activating the saliva glands, with this allowing B12 to enter the blood stream quickly and efficiently with instant results!)

The character of the US doctor mentioned above is regularly assassinated by orthodox medical professionals who are, by and large, influenced by the propaganda of giant, pharmaceutical drug companies who stand to lose millions of dollars in lost revenue/profits if mental health consumers are permitted to opt for a healthier, more natural route when dealing with their mental health problems. All drugs do is suppress symptoms of illnesses and do not treat underlying causes, and because they're *toxic they have side effects that, with respect to anti-psychotic drugs, become particularly apparent as mental health consumers age. Drug companies are often silent about the nastier complications of their medications, particularly their anti-psychotic medications, probably because, in the latter case, if mental health consumers knew about them – and how they're irreversibly damaging their brains - they probably wouldn't take them.

Obviously, to minimize side effects of sometimes necessary, anti-psychotic medication regimes, drugs should be, as rhetorically said, prescribed at the lowest effective doses and not highest because in such a case they'll work the same without the *intolerable consequences. And, an ideal situation would be to wean mental health consumers off toxic drugs altogether and onto more natural alternatives – like vitamin B12!!! Note well; two weeks since taking a methyl B12 supplement in spray form I have noticed an 85% improvement in my mood and also “executive functioning” and, basically, I am not the “schizophrenic” I use to be! Simply, I'm feeling much better and getting more out of my brain – all on a

consistent basis!!!! I'm finding too I'm becoming resistant to delusional thought patterns, and have no problems with practical aspects of my functionality – not that I ever did!

MENTAL HEALTH SYSTEM IN DARK AGES

In my earlier days as a consumer in the mental health system, my medication regime was a torture regime in disguise - as experts kept putting me on drugs incompatible with my biological temperament. They didn't seem to care about my excruciatingly painful, "allergic reactions," involving my seemingly "paralyzed nervous system," and they kept prescribing such drugs at the highest effective dose rather than lowest and telling me I looked well due to their treatment (mind you, even some Christians dished out the same sadistic cheek!) Because of their uncaring attitude, for years I didn't have a life, only a miserable existence, for to them I was an intellectually inferior "guinea pig" whose protests about intolerable side effects were not legitimate enough to justify an end to their cruel trial and error experimentations, nor did it warrant a reduction in drug dosage. Such experts rubbished my spirituality too, and relegated it as part of a psychotic episode, particularly when I told them I could hear from God and that prominent Christians including preachers and evangelists didn't hold the copyright on this experience!

Fortunately, seemingly an eternity later, I stumbled across a kindly psychiatrist who injected sanity into the equation and matched me to medication I could tolerate. Although all anti-psychotic medication is toxic in nature, poisons the system, and can even cause long-term damage to the brain (despite what drug companies might say), some medication is 'lesser-of-all-evils' and can improve one's functionality. I have been compliant with my more 'compatible' medication- type for such reasons, still; I am hoping to be weaned off such 'ideal' meds before their more detrimental effects are realized.

Not long ago, I began to have episodes of mild tardive dyskinesia with respect to minor, involuntary wrinkling of the forehead. The minor episodes *mysteriously developed in grotesque, major episodes at the times I wanted to make a good impression on people - at work – at Church – and in other public places; and in these environments many people reacted in horror and disgust!!! After receiving prayer for this cruel problem it settled down substantially, but feelings of being treated cruelly when demons exacerbated this ugly scenario didn't settle down within. *I became angry!*

CHURCH CHALLENGE

Church is a society where underdogs in life should be treated with uttermost dignity, for Church society should contrast worldly societies in a positive way, but sadly, I haven't found that. When people in most Churches find out I've had mental health issues of the most wretched kind – paranoid schizophrenia – they run a mile! Week after week they see me solo-sitting in a Church pew - looking awkward, and some might come up to me and initiate conversation – but only on a superficial basis. "Not too close!" is their policy for like with worldly people, most Christians don't want the complicated psychological baggage that often comes with an intimate connection with a "mental patient." It's not worth the risk! Rumours circulate that the solo-sitting, handsome guy has low social intelligence, or perhaps even low intelligence, and not just a "psychiatric" disorder, and feels more comfortable in a single-sitting-situation! Thus, they rationalize, it better to leave him alone rather than break the ice.

EASY PREY FOR THE ENEMY

Christians with "psychiatric" disorders particularly need spiritual input because the enemy is forever attacking them where they are weak, psychologically and bio-chemically, and exacerbating their problems which otherwise would be more manageable. They are easy prey for the enemy in other words, and realizing this, I have decided to attend a Christian meeting where inner healing and deliverance are stressed, where the mentally ill are welcomed and not shunned and the underlying, demonic cause of their tribulation is taught.

THE TRAUMA LINK: *Weak Spirit, Weak Mind*

Many people develop “psychiatric” problems of a demonic nature when they are subjected to trauma, making me conclude it’s often cause and effect. Consider that “shell-shocked” soldiers sometimes develop acute mental health problems upon returning from battle fields abroad. I have noticed at work particularly disturbed clients have often abused substances like alcohol, cannabis, and methamphetamine (‘P’) and have developed drug-induced psychosis’. Other disturbed clients have been raped, or interfered with as children, and yet others have had family members commit suicide - and they are fixated on doing the same thing! Sometimes a client has a combination of these things going on. Clearly, the Bible is accurate when it says in Proverbs 18:14 *the spirit of man will sustain him in sickness, but who can bear a broken spirit?*

Regarding mental health problems, if there is a *major* trauma link there is also a *minor* genetic link, or predisposition in some people to become unwell. I say this because some people who suffer trauma completely recover and do not develop mental health symptomatology as they have stronger genetically-based tolerance to shock. As said, the genetic link is minor in people not so superior, and it is demon spirits causing most of their problems – for they note their wounded spirits and try to finish them off - by launching continual assaults against their minds, which eventually wears down their mental health. Note well: When the human spirit is weak the body and mind are weak and deprived of vital energy. In such cases the latter cannot function at optimum levels. When the human spirit is strong and inspired, people have the ability to endure even the most grueling of testing times, including non-Christians, and I note it’s particular true of war veterans who have survived interrogations and tortures in prison camps during times of conflict.

INTEGRATED SYSTEM

If a wounded spirit can have physical and mental health consequences, then it works the other way. What happens in the body (including the brain) can have consequences on the human spirit. (This is why wine and coffee makes people merry and of high spirits). Herein lies why I advocate supplementation of chemically-balancing nutrients to perk up the minds/brains of mental health consumers. Such *natural* chemical realigning in their brains will bring gladness to their human spirits, more-so than toxic anti-psychotic medication that creates passivity within, feelings of severe sedation, a sluggish mind and body, and other nasty side effects besides. I admit a drug-regime is sometimes necessary, but it should be at least in conjunction with superior, God-inspired, natural and spiritual remedies. *Rev 22:2, ...and the leaves of the tree were for the healing of the nations. Psalm 147:3, He heals the broken hearted and binds up their wounds.*

CHRISTIANS NEED TO CHANGE WORLDVIEW

I remember a time I had too many thoughts in my head, which was like a hornet's nest of activity! Many Christians would have advised a visit to a psychiatrist and a regime of anti-psychotic medication was in order to eliminate the “hundreds of voices” but I ignored them. Instead I asked a compassionate minister of deliverance to pray for me. He did, and after a fierce battle an evil spirit left me and my mental health problem vanished! Obviously, it was a demon disturbing my brain function and causing a “psychiatric” problem. In my experience as a support worker for the mentally ill, when a psychotic symptom is medication-resistant the sole cause is a demon (or demons), with prayer for deliverance being the appropriate remedy.

Many times, the cause of mental health problems is a wounded human spirit crippled by rejection negatively impacting the body/brain in terms of ill-health as human beings are integrated tripartite creatures consisting of body, soul and spirit, and one component will affect another. Demon spirits will then exploit resultant weaknesses in both brain and spirit and simply make things a whole lot worse! Thus, for example, a schizophrenic who craves significance will be susceptible to believing demonically-sourced delusions that they’re someone rich or famous, or even a messiah, as such grandiose fantasies

will soothe-their-sorry-soul and make them feel good! And, an anxious person mildly concerned about this/that might start to have uncontrollable panic attacks - all to levels that affects their functionality.

The course of action when demons exacerbate mental health problems is preferably natural medicine to settle the problem at the physical level – and prayer for permanent healing and deliverance at the spiritual level. Christians, when dealing with disturbed mental health consumers, should not be afraid to cast out spirits of anxiety, panic, fear, delusions, hallucinations, rejection and even of suicide, or whatever else that might be appropriate. Christians should definitely not withhold spiritual therapy from consumers and tell them their problems are all a physicality and they best talk to their psychiatrist about an increase in medication dosage!!!!

TEASING TIMES

When I was mildly psychotic and been seen by my clinical team nightly I use to tell them I didn't need medication, rather deliverance from demons like people at those far-out, Pentecostal healing meetings! I would be told my problem was at a different level, hence I needed medication. I snapped back, "why aren't people with "demonic" problems medicated too?!!! What say a demon within them decides to attack them while they're driving their car! How tragic! Have you ever thought about that?" I was telling the truth, but despite that, I just made members of my clinical team angry.

Many of my colleagues at work refuse my invitations to attend Church with me. Why? They are also mental health consumers and feel Christians are just as ignorant as worldly people about mental health issues. They don't want to be shunned, or patronized etc; rather they want real solutions for their problems. Yes, Christians need to change their worldview about mental illness and its underlying demonic causes and stop siding with the secular mental health system that, by and large, is still in the dark ages with respect to treatment programmes. Only then will "psychiatric survivors" feel comfortable in Church societies that often make them feel grossly uncomfortable!

FOR FURTHER READING - See Archive File:

2012: 19 April – It's Real Hope Jesus Gives In Defeating Schizophrenia
4 Nov – Keeping Hope Alive To Defeat Schizophrenia

2011: 28 August – The Bible Inspires Faith To Keep Hope Alive To Defeat Schizophrenia

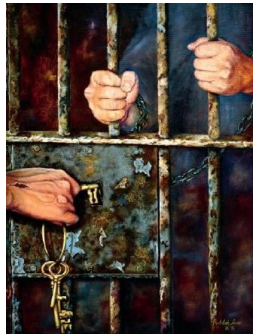
A PRAYER OF HOPE FOR THOSE SUFFERING WITH SCHIZOPHRENIA: "Lord God Almighty, will you hear my prayer and make the sacrifice of your Son, Jesus Christ real to me. Wipe away my sins that were atoned for on the Cross of Calvary by Jesus in order that I might not have to die eternally. I believe that Jesus took all my sins and my sorrows and made them His very own and after three days He rose again from the dead and now makes intercession for me. By the power of His shed blood, I believe I am now set free and opened up to all the resources of His grace and power. I am looking forward to the day – why not today – when the evil bondage of schizophrenia surrounding my mind is totally defeated. I ask You, Heavenly Father, to help me drive out the dark, spiritual presence by the light and power of your conquering Holy Spirit's presence. I want to know the reality of the promise Jesus made that whoever follows him will not walk in darkness but will have the Light of Life. Make it happen for me, as I pray in the Mighty Name of Jesus, Amen.

See below in the pictures **BEFORE AND AFTER** deliverance and healing, the visible difference made by the power of the Holy Spirit on my great day of freedom in May 1990.



BEFORE DELIVERANCE AND HEALING

showing the "gates of brass and bars of iron" around my mind requiring the power of Jesus to shatter once and for all.



THE GATES OF HELL SHALL NOT PREVAIL

by Rebekah Laue of Pagosa Springs, Colorado, U.S.A.



AFTER DELIVERANCE AND HEALING

picture taken at 6.15 a.m. at Derby Railway Station five days after Jesus set me free, on my way to show Tina "her new man"

IF YOU HAVE NEVER INVITED JESUS CHRIST INTO YOUR LIFE, AND WISH TO, DO PRAY THE FOLLOWING PRAYER WITH ALL YOUR HEART: "Lord God Almighty, I approach you in the name of your Son, Jesus Christ. I know I have sinned in my thoughts, words and actions. There are so many good things I have not done. There are so many sinful things I have done. I am truly sorry for the sinfulness in my life, but most of all I acknowledge the sin that separates me from you. I accept the death of Jesus on the Cross to redeem me and extend the gift of eternal life. Gratefully, I give my life back to you as I now ask you to come into my life. Come in as my Saviour and Lord and cleanse me. Come in as my Lord to control me. Come with the strength of your grace and the power of your Spirit to defeat the evil spirit of schizophrenia that troubles me. Now you have set my spirit free, pour your delivering and healing power into my life as I take authority in the name of Jesus through the power of his blood over the intruding force. I assert your ownership of my life and resist any legal right that the devil seeks to hold over my life and bind up and expel any evil presence. I believe that my mind can be completely set free and my whole life enjoy the total freedom of Jesus. Amen.

PROCLAMATION FOR GOD'S PROTECTION by Derek Prince

NO WEAPON that is formed against me shall prosper and every tongue which rises against me in judgement I do condemn. This is my heritage as a servant of the Lord and my righteousness is from You, O Lord of Hosts. If there are those who have been speaking or praying against me, or seeking harm or evil to me, or who have rejected me, I forgive them. Having forgiven them, I bless them in the name of the Lord." *

NOW I DECLARE, O Lord, that You and You alone are my God, and besides You there is no other – a just God and a Saviour, the Father, the Son and the Spirit – and I worship You!

I SUBMIT myself afresh to You in unreserved obedience. Having submitted to You, Lord, I do as Your Word directs. I resist the devil: all his pressures, his attacks, his deceptions, every instrument or agent he would seek to use against me. I do not submit! I resist him, drive him from me and exclude him from me in the Name of Jesus. Specifically I reject and repel: infirmity, pain, infection, inflammation, malignancies, allergies, viruses, and every form of witchcraft.

FINALLY, LORD, I thank You that through the sacrifice of Jesus on the cross, I have passed out from under the curse and entered into the blessing of Abraham whom You blessed in all things:** exaltation, health, reproductiveness, prosperity, victory and God's favour. AMEN

*see Matthew 5: 43-45; Romans 12:14

**see Galatians 3:13-14; Genesis 24:1

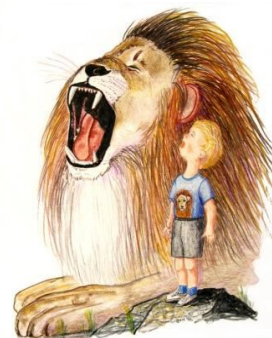
We are continuing to insert in the Weekly Encourager some powerful Scriptures to read, memorise and meditate on for USE in your prayer battle to drive out the demon of schizophrenia. By so doing your confidence in the Lord will grow because the words will impart "spirit and life" into your spirit, and so equip you in your fight for freedom to know the deliverance and healing of Jesus.

"'If you can'?" said Jesus. "Everything is possible for him who believes." Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!" When Jesus saw that a crowd was running to the scene, he rebuked the evil spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again." Mark 9:23-25

But we have his treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. 2 Corinthians 4:7-10

The Lord is compassionate and gracious, slow to anger, abounding in love. Psalm 103:7

You may be reading the Weekly Encourager for the first time and have stumbled across our website in a desperate search to break free of schizophrenia. Or every week you visit W.E. for encouragement and help to overcome this "monster" of mental illnesses and have been given REAL HOPE that the Lord Jesus is the only One to open the prison door to freedom in your life once and for all time. We encourage you to keep logging into the site as often as you can for scriptural advice as we continue to point to Jesus who is well-trying and tested in the area of setting captives free from a bondage that no-one else can conquer. Our website www.schizophreniadefeated.com seeks to magnify the dear Son of God who left the courts of heaven to come to our world and die for you and me on the Cross at a place called Calvary just outside Jerusalem over 2,000 years ago. In that sacrifice, he paid the punishment and penalty of your sin and mine and on the third day rose again as "The Resurrection and the Life". He releases TODAY into your life and to anyone accepting his sacrifice, the same victorious life that brought him back from the dead, in the person of the Holy Spirit. Why not invite him into your life right now? It's a life-transforming experience that you CAN REALLY KNOW – which is well able to defeat and conquer the hell of schizophrenia you struggle with, for good!!



"I will proclaim your mighty acts, O sovereign Lord" Psalm 71: 16

James Stacey, Pray Until Schizophrenia Heals