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Weekly Encourager – 8 May 2011

(from James Stacey: scriptural advice and insight on how to be set free from schizophrenia)

## THE DISCIPLINE OF MEDITATION IS POWERFUL IN DEFEATING SCHIZOPHRENIA

### THIS WEEK: Marking 21 Years of Freedom From Schizophrenia In The Name of Jesus Christ

**THIS WEEK'S SELECTED BIBLE READING IS DEUTERONOMY CHAPTER 11: Key Verses 13-23 Love and Obey the LORD: So if you faithfully obey the commands I am giving you today –to love the LORD your God and to serve him with all your heart and will all your soul – then I will send rain on your land in its season, both autumn and spring rains, so that you may gather in your grain, new wine and oil. I will provide grass in the fields for your cattle, and you will eat and be satisfied. Be careful, or you will be enticed to turn away and worship other gods and bow down to them. Then the LORD'S anger will burn against you, and he will shut the heavens so that it will not rain and the ground will yield no produce, and you will soon perish from the good land the LORD is giving you. Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the door frames of your houses and on your gates, so that your days and the days of your children may be many in the land that the LORD swore to give your forefathers, as many as the days that the heavens are above the earth. If you carefully observe all these commands I am giving you to follow - to love and LORD your God, to walk in all his ways and to hold fast to him – then the LORD will drive out all these nations before you, and you will dispossess nations larger and stronger than you. (Further reading: Ephesians Chapter 6 and Hebrews Chapter 4)**



There's just no telling how much the practice of Biblical meditation played in my deliverance and healing 21 years ago this week-end.

I know that the power of the Holy Spirit released into my life through believing the "spirit and life" words of Jesus Christ was immensely significant.

Imagine numerous occasions when the only lifeline available was to repeat the Word of God over and over again in my heart, as Satanic forces assaulted and bombarded my mind with their evil plans of destroying me.

The kind of meditation I am speaking of was during times of all-out prayer offensive when the Word of God was "quick, and powerful, and sharper than any two-edged sword" piercing every mental stronghold of Satan's dark wickedness.

These were times of such intense spiritual warfare and opposition in which I knew something of the words about "praying always with all prayer and supplication in the Spirit" (Ephesians 6:18). Jesus directed, suggested and controlled how I should pray – and He will do the same for you too in the prayer struggles you are now facing (see Romans 8: 26-27).

Try to understand what is happening when the voices of demonic spirits are heard in your mind. They are bringing tempting suggestions all aimed at driving you into a course of action to destroy you. Resist them with all your might!! How important it is to know how to respond in the power of the Holy Spirit whose voice can triumph over them.

In order to be armed to fight it is first necessary for you to have READ the Bible, the Word of God to know what it says about fighting as a good soldier of Jesus Christ. Next, MEMORISE the Scriptures and in so doing Bible verses will enter your heart and mind providing light and truth and protection. Faith in Christ will begin to grow and ardent desire to possess more of the grace of God.

MEDITATION is a stage further in which the verses you have committed to memory are “turned over” in your thoughts and, as the Scripture says, they become “the joy and rejoicing of your heart.” Your life will become more God-conscious and a great transformation will start taking place within.

Let me encourage you by saying that the times of prayer struggle were interspersed with wonderful, inspiring times waiting on God during the 26 years of mental captivity. His comfort and peace often drew near. I occasionally look back and say, “Thank you Lord for those meetings of refreshing with You - in the long battle You were fighting with me. When my strength needed replenishing and reviving, You came near with the precious promises found in Your Word and gave divine support. I loved those occasions when You drew near to this tired soldier with refreshing words, and Your presence was like water to a thirsty wanderer finding a desert oasis.”

Every born-again Christian like yourself suffering with schizophrenia must have faith to believe and know that the God in you is greater than he that is in the world. The battle of schizophrenia we know is in the mind, but how do you overcome?

You overcome when the enemy attacking your mind is driven out – yes, “driven out”. It is said of Jesus in his earthly ministry that He did just that. He drove demon powers OUT. You and I were not meant to be demonised by agents of spiritual darkness but possessed only by the Spirit of our Loving Heavenly Father who both created and redeemed us. Every other intruder has got to be DRIVEN OUT and driven out for good – never to return!!

You will be set free when the demon of schizophrenia – let’s make no mistake that is what it is - is exorcised from your life. The power of Jesus in you, or working through another, can drive it out. Bind it in the authority of Jesus Christ and start commanding it to leave. Recruit others to pray to help you. Don’t be slow in asking for prayer. Use every God-given weapon at your disposal to excel in the power of Jesus – prayer with meditation, fasting, taking authority in the Name of Jesus, commanding with faith-filled prayer, declaring the Lordship of Jesus over your life and the power of His blood claiming you as His alone.

Pray with all kinds of prayer and supplication as the Lord leads you. I never thought on the day of deliverance on a sunny May Day Bank Holiday in 1990 as I knelt in prayer with Tina that it would be my day of freedom.

A lot of prayer had already ascended to God. Many people had been praying for me and I had been doing a tremendous lot of praying myself. In my tea breaks and lunch breaks I had prayed. On the bus to work I prayed and meditated for 30 minutes. On the journey home on the train, I prayed in the toilets. Satan knew I meant business to get free. I lived to stand fast in the liberty of Jesus Christ already in my life pressing on to a desired freedom. But on the day freedom came, I was not expecting it.

It sometimes takes a volume of prayer to get the job done. The vials in heaven holding the prayers for my freedom were full that day. Suddenly, God “came down” into the prayer and I was transported into a realm hard to describe but during that time, the Lord said: “Today you will be a free man.” I believed and knew it would happen! I went home and under God’s guidance and direction took authority in the Name of Jesus over Satanic powers in my life, exorcised them and then, praise God, received a healing touch of restoration power. (See Chapter 9 of Schizophrenia Defeated on the website).

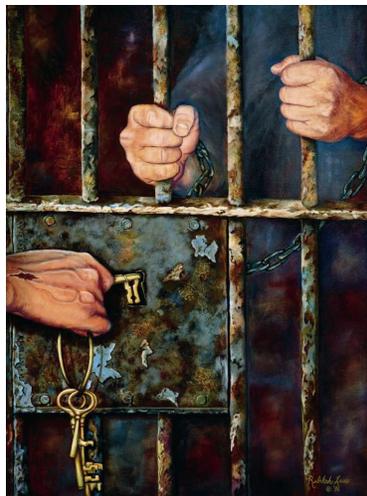
Remember, God is responding to your prayers and He will continue to work for you. It is now time for the Lord to work mightily in your life. Expect it. Believe for it. And God – always faithful to His promise – will perform what He alone can do as His power lives and works in you.

I look forward to sharing in your DAY OF FREEDOM as I invite you this week-end and coming week to celebrate the victory of Jesus in mine!! (see below, pictures before and after FREEDOM FROM JESUS).

A PRAYER OF HOPE: “Dear Loving Heavenly Father, as I continue to remember the celebration of the death and resurrection of your dear Son, my Saviour, Jesus Christ will you come to me and make His sacrifice so real to me. Wipe away my sins that were atoned for on the Cross of Calvary by Jesus in order that I might not have to die eternally. Thank you, Jesus, for taking my sins and my sorrows and for making them your very own. By the power of your shed blood, I am set free and I am now opened up to all the resources of your grace and power which enables me to live for you. I am looking forward to the day – why not today, O Lord? – when the bondage of schizophrenia surrounding my mind is totally defeated. Yes, all the darkness driven away by the light of your Resurrection Presence. In the Mighty Name of Jesus, I pray, Amen.



James Stacey before deliverance and healing.



**The Gates of Hell**  
*painted by Rebekah Laue*  
*(Pagosa Springs, USA).*



James Stacey after the Lord set him free.

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**IF YOU HAVE NEVER INVITED JESUS CHRIST INTO YOUR LIFE, AND WISH TO, DO PRAY THE FOLLOWING PRAYER WITH ALL YOUR HEART:** “Lord God Almighty, I approach you in the name of your Son, Jesus Christ. I know I have sinned in my thoughts, words and actions. There are so many good things I have not done. There are so many sinful things I have done. I am truly sorry for the sinfulness in my life, but most of all I acknowledge the sin that separates me from you. I accept the death of Jesus on the Cross to redeem me and extend the gift of eternal life. Gratefully, I give my life back to you as I now ask you to come into my life. Come in as my Saviour and Lord and cleanse me. Come in as my Lord to control me. Come with the strength of your grace and the power of your Spirit to defeat the evil spirit of schizophrenia that troubles me. Now you have set my spirit free, pour your delivering and healing power into my life as I take authority in the name of Jesus through the power of his blood over the intruding force. I assert your ownership of my life and resist any legal right that the devil seeks to hold over my life and bind up and expel any evil presence. I believe that my mind, too, can also be completely set free and my whole life enjoy the total freedom of Jesus. Amen.

## **PROCLAMATION FOR GOD'S PROTECTION**

**NO WEAPON** that is formed against me shall prosper and every tongue which rises against me in judgement I do condemn. This is my heritage as a servant of the Lord and my righteousness is from You, O Lord of Hosts. If there are those who have been speaking or praying against me, or seeking harm or evil to me, or who have rejected me, I forgive them. Having forgiven them, I bless them in the name of the Lord." \*

**NOW I DECLARE**, O Lord, that You and You alone are my God, and besides You there is no other – a just God and a Saviour, the Father, the Son and the Spirit – and I worship You!

**I SUBMIT** myself afresh to You in unreserved obedience. Having submitted to You, Lord, I do as Your Word directs. I resist the devil: all his pressures, his attacks, his deceptions, every instrument or agent he would seek to use against me. I do not submit! I resist him, drive him from me and exclude him from me in the Name of Jesus. Specifically I reject and repel: infirmity, pain, infection, inflammation, malignancies, allergies, viruses, and every form of witchcraft.

**FINALLY, LORD**, I thank You that through the sacrifice of Jesus on the cross, I have passed out from under the curse and entered into the blessing of Abraham whom You blessed in all things:\*\* exaltation, health, reproductiveness, prosperity, victory and God's favour. AMEN

\*see Matthew 5: 43-45; Romans 12:14

\*\*see Galatians 3:13-14; Genesis 24:1

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We are continuing to insert in the Weekly Encourager some powerful Scriptures to learn and commit to memory for USE in your prayer battle to drive out the demon of schizophrenia. By so doing your confidence in the Lord will grow because the words will impart "spirit and life" into your spirit, and so equip you in your fight for freedom to know the deliverance and healing of Jesus.

Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. He who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me." John 14: 23-24

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. Colossians 3:15-16

The word of God is living and active. Sharper than any double-edged sword, it penetrates even to the dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Hebrews 4: 12

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### **The Weekly Encourager**

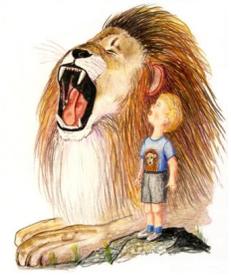
**15 May: Allow God To Free Your Tightly Closed-Mind To The Schizophrenia Deliverance**

**22 May: Faith in Jesus Releases Power Leading to Deliverance and Freedom**

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You may be reading the Weekly Encourager for the first time and have stumbled across our website in a desperate search to break free of schizophrenia. Or every week you visit W.E. for encouragement and help to overcome this "monster" of mental illnesses and have been given REAL HOPE that the Lord Jesus is the only One to open the prison door to freedom in your life once and for all time. We encourage you to keep logging into the site as often as you can for scriptural advice as we continue to point to Jesus who is well-trying and tested in the area of setting captives free from a bondage that no one else can conquer. Our website [www.schizophreniadefeated.com](http://www.schizophreniadefeated.com) seeks to magnify the dear Son of God who left the courts of heaven to come to our world and die for you and me on the Cross at a place

called Calvary just outside Jerusalem over 2,000 years ago. In that sacrifice, he paid the punishment and penalty of your sin and mine and on the third day rose again as "The Resurrection and the Life". He releases TODAY into your life and to anyone accepting his sacrifice, the same victorious life that brought him back from the dead, in the person of the Holy Spirit. Why not invite him into your life right now? It's a life-transforming experience that you CAN REALLY KNOW – which is well able to defeat and conquer the hell of schizophrenia you struggle with, for good!!



*"I will proclaim your mighty acts, O sovereign Lord" Psalm 71: 16*

*James Stacey, Pray Until Schizophrenia Heals*